

7.2.1 Best Practices:

The college had proposed two best practices, self-defense, training to girl students and displaying 'Thought of the day', in its previous self-study report submitted to NAAC in September 2016. Subsequent Accreditation the college in the year 2016 announced these two practices as best practices to be pursued and developed over five years. Since then, they have followed with passionate rigor, energy and enthusiasm. Anchoring to the previous ones new practices that are introduced -

Best Practices1:

Title of the practice:

Counseling & Empowering students to withstand in all odds in life:

Goal:

To enable and empower the students with resources and technology advancement and integrate their activities towards the larger aim of self-reliance confidence, and a life of dignity. The practices are continued to encourage awareness and holistic vision of the individual and his contribution to the society, generate sensibility and respect towards ones self. These practices not only encourage ethical and human values but also instill a sense of belonging the community.

Practice:-

The college inspires into its surroundings and its people the desire for dignity and self respect. It is committed to the optimization of its available material and human resources and inculcation of a life cycle that promotes self-respect and self-confidence. The college organized seminars and webinar on topics like 'Diagnosis of depression and research of opportunity'. The university along with the district governance arranges various seminars regarding entrepreneurship and recruitment opportunities for students.

Such seminars encourage students to boost up and face the various difficulties which are newly created in the various waves of the pandemics. The faculty not only counsels the college students but also counsels the high school students and various counseling lectures are given in the neighborhood community. The human resources are well documented and monitored by the sustained effects of all the faculty members and the administration of the college.

Limitation:-

Like all assistance programs this too fosters a dependency factor which is disconcerting in the context of what lies ahead for these young ones, in a society where such assistance is not easily forthcoming, either in terms of infrastructure or awareness.

Best Practices²**Title:- Mentor – Mentee System****Goal:-**

To nurture students through the program both in their professional and their personal lives.

To provide training and guidance to undergraduate post graduate students in all disciplines.

To increase the participation of all students in the different activities conducted by the institute.

To help the mentee students achieve their career Objectives.

Context:

Students from different economic, social, financial and regional backgrounds join the college of Timarni many of them are ill prepared for the rigorous professional programs. English language teaching and sudden exposure to city life. Being away from home, such students can best look up to their teachers for support and guidance. The Timarni Govt. college initiated the Mentor-Mentee system in all the constituent units to ensure the overall welfare and development of students.

Practice-

In Govt. college Timarni, mentorship scheme, a teacher (Mentor) is allotted to a group of approximately fifty students (mentees). In regular mentor-mentee meetings various activities like career goal settings, presentation skills. Communication skills, resume writing, aptitude test etc. are organized. Mentors keep all academic progress and take care of even their personal problems. They also keep in touch with mentees parents.

Evidence of success:

The following outcome has been witnessed. The evidence of success of mentorship system is reflected through the overall personality development of students those students who had lack of confidence, were weak in communication, had poor presentation skills, were observed having significant improvement in the

lacked areas when they came to final year. There is a marginal increment in the number of students participating various events held within and outside the college, since the implementation of mentorship system. Improvement in the sense of belongingness about the institution. Cordial relationship between staff and students.

Problems Encountered:

At the initial stages students show reluctance to update their academic details in mentor books. They are hesitant to openly discuss their problems with the mentor. Gradually they get adjusted to the system. Maintenance of mentor book, regular updating, counseling sessions are the requirement of this system.