

2018-19

7.1.8 Best Practices:

1. Title of the practice: Mentorship scheme

1. Goal

- To improve general aptitude test.
- To develop leadership qualities.
- To know resume writing and preparations for mock interview.
- To monitor overall progress of students during his/her graduation.

2. Context:

- Along with the adaptation of good teaching learning process, which enhances the technical knowledge of students, Institute has designed innovative methods for the overall personality development of the students.
- Through Mentorship scheme- institute has developed systematic road map for improving the different aspects of personality developments. Communication skill, Presentation skill, Team work. Leadership qualities, resume writing, etc. and make them ready to face the challenges.
- Faculty who serve as mentors make a valuable contribution to the education and training of undergraduate students interested in hands-on experience in different activities. Students judge the experiences primarily by their interaction with their mentors. Thus the role of faculty member in scheme is crucial to the programs success.

3. Practice:

- In the mentorship scheme a teacher (mentor) is allocated with group of students, (mentees)
- Mentor meeting is conducted once in an alternate week. Various activities like career goal setting, presentation skill, communication skill, resume writing, aptitude test etc. are conducted in the meetings.

4. Evidence of success:

- The evidence of success of mentorship system is reflected the overall personality development of students,
- Those students who had lack of confidence, weak in communication, poor presentation skills, were observed having marginal improvement in the lacked areas when they came to final year.
- There is a marginal increment in the number of students participating in Various events held within and outside the college.

5. Problem Encountered and Resources required:

- The institute being situated in rural area the students are not that much exposed to the current enhancements. To overcome this mentors play an important role by making them aware of the same.

7.2.1

Best practices: 2

Title of practice: Tobacco cessation clinic.

1 The objective of the practice:

- To recognize the various pattern, biology and epidemiology in our area.
- To increase awareness and intention to quit among tobacco users.
- Emphasize consequences of tobacco use and health benefits to tobacco Cessation.
- Protection from second-hand smoke.

2. The context:

- The ministry of health and family welfare Government of India started 13 tobacco cessation clinics (TCCS) with the support of world health organization recognizing the importance of Tobacco Cessation.
- As per the global tobacco survey (GATS), India has 275 million current tobacco users.

- An estimated one million people die every year due to tobacco- related diseases every year.
- We need a combination of strategies aimed at avoiding initiation of tobacco by the non-users and Cessation of tobacco among the current users.
- Tobacco Cessation is the only way to save the current tobacco users from tobacco- related mortality.
- The consultation time can be effectively used by doctors as an opportunity to promote patients to quit tobacco when they are motivated to listen.

3. The practice:

- With our observation, in our out patients 20-30 % were using tobacco in some form or other the major group who were using tobacco were in the group of 13-35 year.
- With this in mind two separate programs were started to identify the real need among the surrounding villages.
- NSS and department of public health dentistry jointly organize school camps to create awareness among students who will be in a better position to inculcate the message and transform their family members.
- Among the predominant users, a large number of them were the family members of beedi rollers.
- Hence an initiative was taken to target these group of people organizing oral oncology camps.

4. Evidence of success:

- As our college is in a rural setup, first awareness had to be created among the public regarding the menace of tobacco.
- Awareness was created by conducting specific oral oncology camps targeted on the fishing community where the practice was found to be very high.

- Regular counseling and collaborative camps with Nellie cancer center are being done to address the issue, nearly fifty percent of patients have acknowledged their habits and want to lead a happy life.
